

Mission For Independence

What you could achieve if you joined our programme

- Improve your quality of life
- Manage your own finances effectively
- Less reliance on charitable support
- Benefit entitlements will be resolved
- Appropriate accommodation
- Better health and well being
- You will have determined realistic career, employment and education goals



For more details, **contact:**

Wellington City Mission
Manager, Mission for Independence

Wellington City Mission
200 Riddiford Street, Newtown
PO Box 7477, Wellington South
(next door to McDonalds)
Tel: (04) 389 2033 Fax: (04) 389 2498

www.wellingtoncitymission.org.nz

independence@wgtncitymission.org.nz

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**CANNOT MANAGE?
WE ARE HERE TO HELP**



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Mission For Independence



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The aim of the programme is to support people who are struggling financially or are unemployed to improve their quality of life

We do this by:

- Providing budget and money management advice
- Providing counselling, social work services and advocacy to assist people towards independent living
- Providing emergency food parcels, household goods and clothing
- Providing basic work and life-skills coaching
- Assisting with career planning, job searching skills, and personal presentation
- Arranging work experience placements and entry to tertiary training programmes
- Providing a Drop-in Centre

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- Need help with budgeting?
- Need help to re-enter the workforce or gain tertiary training?
- Need to talk to someone or meet people?
- Need advocacy or food parcels?
- Life's too hard – can't cope?

If you answer **YES** to one or more of these questions, we can help you!

What does it Cost ?

FREE! Offered to families in Wellington, Porirua and the Hutt Valley



Mission For Independence

The Wellington City Mission has been assisting people for over 100 years. It is a Charitable Trust affiliated to the Anglican Church. The programmes are available to everyone needing help, regardless of religious belief, ethnicity or social background.